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## EMILIA CLARKE'S GOT TO BE REAL

The actress is proud of her latest 'Game of Thrones' moment. 20

Praying for painting's return, and the thief. 4

Rooney revs up for their next round. 21

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# HOODIES FOR THE HOMELESS

Band's campaign to raise awareness about homeless crisis in NYC pairs music and street art. 2

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# 3 THINGS YOU NEED TO KNOW

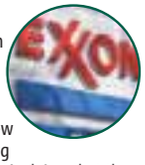
## SINGER SINEAD O'CONNOR SAFELY LOCATED IN CHICAGO SUBURB

Police said Irish pop star Sinead O'Connor was found safe Monday, hours after authorities reported her missing in a Chicago suburb, citing a concerned caller who told them the singer apparently had failed to return from a bicycle ride. O'Connor topped the music charts around the world 25 years ago with a cover of Prince's song "Nothing Compares 2 U." O'Connor once famously tore up a picture of Pope John Paul II on the "Saturday Night Live" television show, declaring "Fight the real enemy!" Comedian Arsenio Hall filed a defamation lawsuit May 6 against O'Connor, who accused him of supplying drugs to music legend Prince, whose death April 21 has prompted speculation about an overdose. **REUTERS**

## US COAST GUARD RESUMES PROBE OF EL FARO SHIP SINKING

2 Coast Guard investigators resumed a probe of last year's deadly sinking of the El Faro off the Bahamas, beginning two weeks of hearings to examine the cargo ship's operations, weather forecasts and regulatory oversight. Captain Eric Bryson, who helped launch the El Faro on its final voyage, told the Coast Guard's Marine Board of Investigation panel that the ship's captain had said he planned to "go out and shoot under" a storm brewing in the Caribbean. Bryson is among some two dozen experts set to testify during a second round of hearings on the worst cargo shipping disaster involving a U.S.-flagged vessel in more than three decades. **REUTERS**

## TOP COURT REJECTS EXXON APPEAL IN CONTAMINATION CASE




3 The Supreme Court on Monday rejected Exxon Mobil Corp.'s appeal of a $236 million judgment against the oil company in a case brought by the state of New Hampshire over groundwater contamination linked to a gasoline additive. The justices left in place the New Hampshire Supreme Court's 2015 ruling upholding the judgment by a jury that in 2013 spurned Exxon's claims that the contamination linked to its fuel additive was not its fault but rather the fault of the local gas stations and storage facilities that spilled it. Exxon argued in its appeal that its due-process rights were violated because New Hampshire had not proved the company's liability for the alleged pollution at each individual site. **REUTERS**

# Band enlists artists, mannequins in drive to help the homeless

Hoodies for the Homeless aims to use music and street art to raise awareness while making helping easy and fun.

**ANGY ALTAMIRANO**
**@MetroNewYork**
letters@metro.us

From left: PushMethod members Dan Hymson, Tavis Sage Eaton and Michael Dustin Youree. **PUSHMETHOD**

This week, mannequins are coming out of the windows of Manhattan shops and taking to the streets to help spread the word that when New Yorkers come together, change is possible.

Hoodies for the Homeless — started last year on the mission to use the power of music to bring awareness to homelessness in the city — will launch a public art installation later this week including local street and tattoo artists.

Through the installation, the artists have each designed separate mannequins that will be placed outside lower Manhattan art galleries and tattoo parlors and will spread the mission of the movement while also providing New Yorkers with information on the homeless crisis in the city.

According to the Coalition for the Homeless, more than 60,000 people are in shelters in New York City each night, and more than 23,000 of them are children.

"What the artist did on the mannequin wasn't so much a concern for me, it was getting a New York artist to do this, and their art will draw people to the mannequin, and with that will help us raise more of a following to the movement," said Tavis Sage Eaton, founder of Hoodies for the Homeless.

Hoodies for the Homeless was started last year when Sage and his band, PushMethod, decided to do something about an ongoing crisis in New York City by holding clothing drives at concerts to encourage participation from the community and spread awareness of homelessness.

Mannequin artist Balazs Bercsenyi from Bang Bang Tattoo Shop

### Learn more

For more information on the movement visit **Hoodiesforthehomeless.com.**

"What we did, we created kind of this platform that makes it fun and easy to help," Sage said.

During the first show, at which people were given tickets in exchange for donated hoodies, 500 hoodies were collected in just three hours. Since its official launch, around 5,000 hoodies have been distributed through a partnership with the Coalition for the Homeless.

"The most rewarding part of it is they would put the hoodie on their body right there," Sage said. "It's cool to see it going from our hands to their backs."

During this mannequin installation, which is slated to begin either May 17 or 18, the figures — each representing over 3,333 homeless individuals in the city — will hold up pieces of cardboard with information on Hoodies for the Homeless, including hashtags #HoodiesForTheHomeless and #HaveMyHoodie and a website.

The placards will also inform people of an upcoming concert at the Bowery Ballroom on May 26, featuring Sage's band and Pants Velour, where attendees are encouraged to drop off donations. The figurines will be on the street until the day before the show.

All 18 mannequins — one of which will be designed by PushMethod member Michael Dustin Youree — will be onstage with the bands on May 26 and each artist will be highlighted.

The group is still deciding whether to auction off the mannequins and then do an entire new run of mannequins. If the figures are auctioned off, proceeds will go toward Hoodies for the Homeless and the artists.

With the movement just a year old, the plans are to empower individuals and organizations to help out on an issue that is not just seen in New York City, but across the country and the rest of the world.

"Our goal is for this movement to expand across the country, and with the support of influencers like the participating artists and the public at large, we are poised to create a lasting impact for this cause," Sage said.

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# NYPD: Elderly man steals religious painting from Manhattan church

Church officials praying for icon's return — and for the man who took it.

ANGY ALTAMIRANO
@MetroNewYork
letters@metro.us

Members of a Washington Heights church are hoping an elderly robber — caught by a surveillance camera walking off with a beloved religious icon last week — will have a pang of conscience and return it.

No questions asked.

Around 12:25 p.m. on May 8, a man believed to be about 65 years old is seen on the video entering Saint Spyridon Greek Orthodox Church at 124 Wadsworth Avenue and slowly walking up to a religious painting placed on top of a counter.

The man — who used a cane — removed his jacket and then placed the holy icon into his jacket before leaving the church.

The 2-foot-by-3-foot painting was of the church's patron saint, Saint Spyridon, and is valued at about $5,000, according to Father Evagoras Constantinides.

While there is a large black market internationally for stolen religious artwork, relics and artifacts, police and church officials have not said if they believe the theft was related to how valuable the painting is, or if the thief was obsessed with owning it.

Surveillance of the suspect NYPD

## Got info?

Anyone with information in regards to this incident is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

The public can also submit their tips by logging onto the Crime Stoppers website or by texting their tips to 274637 (CRIMES) and entering TIP577.

Constantinides, the head priest at the church, said the thief has been seen inside and around the church many times, although he is not a member of the congregation.

The elderly man, according to Constantinides, has attended Sunday services, although he doesn't stay the entire Mass, and has also asked to use the restroom. When the painting was taken, parishioners were still inside the church but were downstairs during the coffee hour following Sunday service.

"Being that we are a house of worship, we are founded in the teachings of opening our doors to all people and, unfortunately, there are some people that come and bring their difficulties with them," Constantinides said.

What makes the painting unique is that, unlike most religious icons that are duplicates of original paintings, the one stolen was hand drawn by artist Constantine Youssis and featured a 24-karat gold leaf on the background.

According to Constantinides, Youssis, who has drawn icons for various churches, had completed the painting about 50 years ago. The artist was a member of Saint Spyridon Greek Orthodox Church and lived across the street until he passed away.

Constantinides said it is unfortunate when a crime such as this occurs, but added that he is not angry and is praying for the man seen in the video.

"I'm not angry. Right now we are hopeful the painting will be returned," he said. "We pray for both the icon's return and that this man can see some sort of salvation in returning the icon."

Church officials filed a report with police a week after the theft because Constantinides was traveling that week and surveillance video had not been viewed until this past Saturday.

Art similar to the stolen piece. PROVIDED

*"I'm not angry. Right now we are hopeful the painting will be returned. We pray for both the icon's return and that this man can see some sort of salvation in returning the icon."*

Constantinides

The report of this incident comes a week after the NYPD released surveillance video of a trio of suspects taking a Jesus statue from outside a Brooklyn church in April.

Police described the suspect in the May 8 crime as being 5-foot-3 and about 150 pounds.

# Brooklyn crash caused by stolen SUV results in multiple injuries, two hospitalized children

The scene MARIOPIX11/TWITTE

A chain-reaction collision involving a stolen SUV driven by a teenager injured four people, including two children in Brooklyn Monday morning, police said.

Around 9 a.m. at the corner of Utica Avenue and Rutland Road in East Flatbush, the driver of a 2007 Chevy Tahoe allegedly ran a red light and hit a Nissan Pathfinder, Pix11 reported.

The driver of the Pathfinder, a woman, was taken to an area hospital.

After the impact, flying debris hit a 10-month-old boy in a stroller pushed by his babysitter, both of whom were taken to the hospital, Pix11 added.

The babysitter did not require medical attention, according to NBC4.

After the first collision, the Tahoe then veered onto a different corner, striking another woman with a child on the sidewalk, according to NBC4.

The woman was taken to Kings County Hospital in critical condition with the child, whose injuries were not as serious.

Police took the teenage driver of the Tahoe into custody, police said to Pix11, which added that the license plates on the SUV had allegedly been changed to disguise its theft.

Police told ABC7 that the SUV had run a red light and was being pulled over but that the incident was not a police pursuit. JASON NUCKOLLS

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Video surveillance of one of the suspects NYPD

# Armed suspects caught on video forcing themselves into Bronx apartment: Cops

The men, according to police, used physical force against the victim and his wife while their young son was present to rob their home.

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The NYPD has released surveillance video of two suspects — armed with a gun and knife — wanted for a home robbery involving a Bronx couple and their young son.

About 10:40 p.m. on May 8, the two suspects followed a 43-year-old man to his apartment inside 1711 Morris Avenue and forced their way into the home after the victim unlocked the door, according to authorities.

Once inside the apartment, the suspects — one armed with a firearm and the other with a knife — demanded money and jewelry, police said.

The men then used physical force against the victim and his 28-year-old wife while their 4-year-old son was present, according to cops.

The suspects then stole an ottoman, cellphones, jewelry and cash before running away and fleeing in a black Acura TL with a New York license plate.

Both the victim and his wife were not seriously injured.

Police described the suspect who was armed with the firearm as a black man with a dark complexion, about 6 feet and 200 pounds. He was last seen wearing a black hooded sweatshirt.

The second suspect is described as a Hispanic man with a light complexion, about 6 feet, and was last seen wearing a gray hooded sweatshirt.

On surveillance video released Monday morning, the suspects can be seen waiting for the victim on the stairway of the apartment building and later forcing their way into the victim's home. The video then shows the suspects running out of the building, with the second suspect carrying the ottoman and dropping it before getting away.

## Got info?

Anyone with information in regards to this incident is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

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Video surveillance of the suspects NYPD

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# Brooklyn Brewery opening rooftop restaurant, beer garden at Navy Yard

The brewery is part of a $185 million renovation to convert space at the Navy Yard into a manufacturing, tech and design hub.

CRISTABELLE TUMOLA
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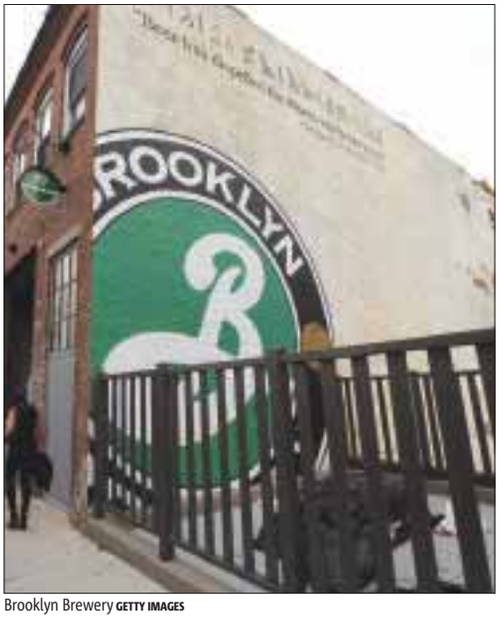


Brooklyn Brewery GETTY IMAGES

Just when you thought Brooklyn development was almost tapped out, one of its native products continues to grow along with the borough.

Brooklyn Brewery, along with city officials, announced Monday that the beer maker would be expanding to the Brooklyn Navy Yard with a new brewery, headquarters, rooftop restaurant and beer garden.

"Today we are proud to announce that Brooklyn Brewery will be making its new home in Building 77 at the Brooklyn Navy Yard — a world-class industrial and innovation hub that continues to attract New Yorkers' hometown favorites," Mayor Bill de Blasio said. "Brooklyn Brewery is a welcome addition to the Yard's growing roster, bringing along with it more than a hundred quality jobs and some of the best brews our city has to offer. I hope New Yorkers will join me in raising a glass to toast Brooklyn Brewery and the continued revitalization of Brooklyn's waterfront at the Brooklyn Navy Yard."

The brewery is part of a $185 million renovation of Building 77. One million square feet of "underutilized storage space" will be converted into space for manufacturing, tech and design. When it's expected to be completed in 2017, the complex will add 3,000 jobs, according to the mayor's office.

Brooklyn Brewery expects to open its new operations in 2018, bringing 124 jobs initially and 100 potentially in the future. Its 75,000-square-foot space at the Navy Yard will also produce 50,000 barrels annually.

## New home for food makers

The Brooklyn Brewery joins future food manufacturers in the Navy Yard that include Russ & Daughters, chocolate maker Mast Brothers and coffee maker Brooklyn Roasting Company.

"We are very excited to be in the Navy Yard," said Brooklyn Brewery founder Steve Hindy. "The Navy Yard gives us a future in Brooklyn. It's incredible to see what's grown around us here in Brooklyn and our long-term lease at the Yard will ensure a presence in Brooklyn alongside many similar Brooklyn entrepreneurial success stories. We are very proud to be a part of this creative community that has become an engine of job creation in Brooklyn."

Currently, the brewery is located in Williamsburg, where it first opened 20 years ago, and offers visitors tours and a tasting room.

The company is looking to build a large brewery in Staten Island to handle production that is now done in Utica, New York. The brewery plans on maintaining its brewing operations in its original site in Williamsburg until its leases expire in 2025, and brewery CEO Eric Ottaway hopes to maintain a presence in the Brooklyn neighborhood past that time, and is hoping to extend that lease.

"The brewery will play a pivotal role in creating a vibrant publicly accessible food manufacturing and retail hub on the ground floor, while the rooftop beer garden and restaurant will be a welcome place for tenants and community members to relax, collaborate and meet," said Brooklyn Navy Yard President and CEO David Ehrenberg. "The brewery will also help attract and support the next generation of food and beverage entrepreneurs to the Yard," said.

52 West 9th Street. Inset is Craig Newmark. COURTESY OF STREETEASY; FILM MAGIC

# Craig Newmark of Craigslist finds $5.9M duplex in Greenwich Village

For his own multi-million-dollar apartment, Craig Newmark used a broker, not his namesake website.

CRISTABELLE TUMOLA
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letters@metro.us

Yes, there is a real Craig, and no, he doesn't go apartment hunting on his own website.

Craig Newmark, founder of the online classified site Craigslist, has reportedly recently purchased a home in Greenwich Village.

The duplex, located at 52 West 9th Street, has three bedrooms and 3½ bathrooms on the first and second floor, according to StreetEasy.

A co-op located in a townhouse, the home also features 11-foot ceilings, a wood-burning fireplace, wine cellar and outdoor garden.

According to the Observer, as of 2010, Newmark's wealth was estimated at $400 million. His wife Eileen and he have a primary residence in San Francisco — the location of the Craigslist headquarters.

Newmark reportedly bought the home from the estate of late lawyer and investment banker Robert S. Piri.

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RACE FOR THE WHITE HOUSE

# Trump says unlikely to have good relationship with UK's Cameron

Cameron criticised Trump in the British parliament over his call for the ban on Muslims and suggested that he would unite Britain against him if he visited.

Donald Trump said he was unlikely to have a good relationship with David Cameron because the British prime minister cast the U.S. presidential candidate as "divisive, stupid and wrong" for proposing a temporary ban on Muslims entering the United States.

"It looks like we're not going to have a very good relationship, who knows?" Trump told Britain's ITV television station in an interview aired on Monday when asked how ties would fare if he won the U.S. presidential election on Nov. 8.

"Well number one, I'm not stupid, OK. I can tell you that right now. Just the opposite. Number Two, in terms of divisive: I don't think I'm a divisive person. I'm a unifier, unlike our president right now," Trump said, referring to Barack Obama.

Cameron's spokesman said the prime minister stood by his original comments.

The United States is Britain's closest ally. U.S. companies are the biggest foreign direct investors in Britain and the so-called special relationship with Washington has been the cornerstone of British diplomacy since World War II.

Trump's often controversial comments on everything from Muslims and women to the future of NATO and relations with Russia have drawn criticism from Berlin, Paris and other European capitals.

But neither Germany's Angela Merkel nor France's Francois Hollande have gone as far as Cameron in chiding Trump who, if he wins in November, would be in charge of the world's most powerful nation and largest economy from Jan. 20 next year.

"The PM has made his views on Donald Trump's comments very clear. He disagrees with them," the spokesman said. "He continues to believe that preventing Muslims from entering the U.S. is divisive, stupid and wrong. He stands by his comments."

The spokesman refused to answer questions on who Cameron would like to see win in November but said there was no telephone call or meeting planned with Trump, adding: "If one is proposed we will consider it."

REUTERS

David Cameron GETTY IMAGES

*"Cameron will work with whoever is elected U.S. president and is committed to maintaining the special relationship."*

The prime minister's spokesman

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# First successful US penis transplant

The patient was expected to have normal urination possible within several weeks and sexual function in a span of weeks to months.

A 64-year-old man became the first in the United States to undergo a successful penis transplant in a procedure at Massachusetts General Hospital earlier this month, his doctors said on Monday.

Thomas Manning of Halifax, Massachusetts, had his penis amputated in 2012 when he was diagnosed with penile cancer.

He recently underwent a 15-hour surgery at Massachusetts General Hospital in Boston during which a penis provided by a donor was attached.

*"Today I begin a new chapter filled with personal hope and hope for others who have suffered genital injuries, particularly for our service members who put their lives on the line and suffer serious damage as a result."* Manning

Doctors said the procedure was particularly important due to the heavy psychological toll the loss of genitals takes on a patient.

"We are hopeful that these reconstructive techniques will allow us to alleviate the suffering and despair of those who have experienced devastating genitourinary injuries and are often so despondent they consider taking their own lives," Dr. Curtis Cetrulo, one of the two surgeons who performed the procedure, said in a statement.

In the same statement, Manning thanked the doctors and said he hoped other patients needing similar surgeries would be more likely to receive organ donations as a result of his successful operation.

Doctors in South Africa became the first to perform the procedure successfully in 2014 after they attached a penis to a 21-year-old man whose organ had been amputated following a botched circumcision. REUTERS

Striking Verizon workers GETTY IMAGES

# Verizon and striking unions set talks after meeting with US official

Verizon Communications and representatives from two striking unions will return to the negotiating table on Tuesday after a weekend meeting with U.S. Secretary of Labor Thomas Perez.

About 40,000 network technicians and customer service representatives in the company's Fios Internet, telephone and television services unit walked off the job in mid-April in the largest U.S. strike in recent years.

The two side have remained far apart on issues related to healthcare coverage, pensions and the off-shoring of call-center jobs.

Verizon Chief Executive Officer Lowell McAdam and union officials from the Communications Workers of America and the International Brotherhood of Electrical Workers met with Perez on Sunday at his request.

"The best way to resolve this labor dispute is at the bargaining table, and I am heartened by the parties' mutual commitment to get back to immediate discussions and work toward a new contract," Perez said in a statement issued Sunday night. REUTERS

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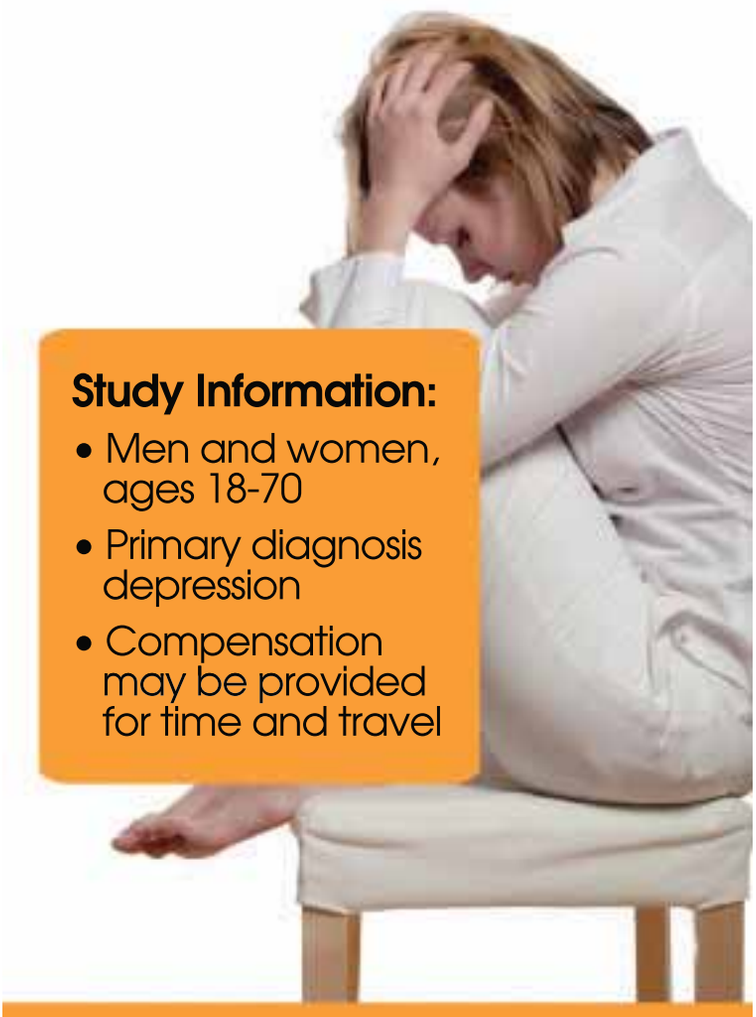

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Pro-birth control coverage demonstrators outside Supreme Court. GETTY IMAGES

# Supreme Court tosses rulings on contraception

With four conservative justices and four liberals, the court did not rule on the merits of the legal challenge by nonprofit Christian employers who objected to the 2010 health-care law's requirement that they provide female workers insurance for contraceptives.

The ideologically deadlocked Supreme Court on Monday failed to resolve a major case involving the Obamacare law's mandatory birth control coverage, telling lower courts to reconsider the matter after tossing out their rulings favoring President Barack Obama.

The court's action avoided a possible 4-4 split that would have affirmed the lower court rulings. The justices, shorthanded following February's death of conservative Justice Antonin Scalia, threw out seven rulings by federal appeals courts around the country that had backed the Obama administration.

The justices handed at least a short-term victory to the nonprofit employers, primarily Roman Catholic organizations.

The decision suggested a possible compromise for the lower courts that would allow women to get contraception coverage without violating the religious rights of employers, by having the government arrange coverage directly with health insurers rather than requiring employers to sign off on it.

"The court expresses no view on the merits of the cases. In particular, the court does not decide whether petitioners' religious exercise has been substantially burdened," the unsigned ruling stated.

In a separate order, the court also sent six other pending cases on the same issue back to lower courts, including two in which the religious employers prevailed.

Among the employers challenging the contraception mandate were the Roman Catholic archdioceses of Washington and Pittsburgh, the Little Sisters of the Poor order of nuns and Christian colleges.

"We are pleased that the court confirms that there is a path forward that recognizes our religious liberty, yet we also recognize that this struggle will continue," said Cardinal Donald Wuerl, archbishop of Washington. REUTERS

# Baltimore cop testifies that he arrested and handcuffed Freddie Gray

A Baltimore policeman testified on Monday that he, and not a fellow officer on trial for the death of black detainee Freddie Gray, was the one who arrested Gray, in testimony that was the first by another suspect in the high-profile case.

Under prosecution questioning, Officer Garrett Miller said he and his accused partner Officer Edward Nero had chased Gray after being ordered to do so. Gray's April 2015 death from a broken neck suffered in a police van triggered rioting and protests in the majority black city.

Prosecutors contend that Nero, 30, pursued Gray without probable cause and then failed to secure Gray in the van. But Nero's lawyers argue that he had little to do with Gray's arrest and never touched him except when he tried to help Gray, 25, find an asthma inhaler.

Asked in Baltimore City Circuit Court whether Nero had put handcuffs on Gray, Miller told prosecutor Michael Schatzow, "No, he did not."

Prosecutors rested their case against Nero after calling more than a dozen witnesses. Judge Barry Williams, who is presiding over a bench trial, rejected a defense motion that the charges be dismissed.

Miller testified that he and Nero, a fellow bicycle officer, had no idea why Lt. Brian Rice ordered them to pursue Gray after he fled unprovoked in a high-crime area.

Officer Garrett E Miller HANDOUT

Nero, Rice and Miller are among six officers facing trial for Gray's death. He was bundled into a transport van while shackled and not belted in after officers found a spring-assisted knife in his pocket. REUTERS

## BRIEF

**Report: Twitter to eliminate photos and links in character count**

Twitter Inc. users will soon have more flexibility in writing tweets because the company plans to stop including photos and links as part of its 140-character limit, according to a Bloomberg report.

The social media platform has faced stagnant user growth. Months earlier, Twitter Chief Executive Jack Dorsey said the company would simplify its product in an effort to attract new users.

"We think there's a lot of opportunity in our product to fix some broken windows that we know are inhibiting growth," Dorsey said during a February earnings call.

Links currently take up to 23 characters of a tweet, limiting the amount of commentary that users can offer when sharing articles or other content.

Twitter shares have fallen more than 70 percent over the past year.

Twitter declined to comment on the report. REUTERS

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# Meditation goes mainstream in the classroom

Meditation can have a positive effect concentration and focus throughout the day. ISTOCK

Activities to promote focus, emotional wellness and mindfulness are becoming increasingly common in NYC schools.

ALIZAH SALARIO
@Alirosa
alizah.salario@metro.us

As soon as former public school teacher Dave Beal introduced meditation to his students at P.S. 375, he saw dramatic changes in his classroom.

"Test anxiety was the No. 1 reason students underperform. So I saw a lot of improvement that way," says Beal. "You know, particularly the stereotype of the fidgety boy who can't sit still, when they start to learn breathing techniques and [start] connecting with their body and quieting their mind, they're just able to maintain a higher level of concentration throughout the day."

The experience prompted Beal to switch gears and devote himself to teaching meditation full-time. Now an education coordinator at Brain Education, a New York based company that partners with New York City schools and other districts around the country, Beal leads workshops that give students and teachers activities to promote focus, emotional wellness and mindfulness.

"We do lot of dynamic, high-energy exercises, because I think for adults as well as kids, the concept of meditation is just sitting quietly and trying to empty your mind, and that can be a frustrating project for some people in this fast-paced world," says Beal.

Mindfulness in the classroom is part of a growing trend, and there are countless techniques to pick from. But Brain Education takes a unique approach: Getting kids to slow down by first speeding up.

"[We lead] physical exercises, partner games, and the students open up and are having fun, and are releasing some of the pent-up tension from trying to sit at their desks. Then, after they kind of open up that way, they're able to sit down quietly and focus on their breathing," says Beal.

A visualization exercise kicks off the process.

"Kids are very visual and very imaginative, so we have what we call the 'energy-ball visualization.' They imagine they're creating a ball of energy with their hands, so it gives them something very tangible to focus on," says Beal, who notes that helping students tune their awareness into their physical sensations, like heat or tingling in their hands, is part of how instructors facilitate the process.

"Once they really have a little glimmer of a feeling of inner peace, once they feel that first sensation, then that motivates them to keep going. Then, after those first couple of times, it just becomes really automatic," says Beal.

The group meditation is designed to help students self-regulate whenever they feel distraction or anxiety creeping in. The goal is twofold, says Beal: To have students empty their minds of the busy thoughts, and then focus their minds on their goals.

"Honestly, I think kids and adults alike, we actually crave this time," says Beal. "They're kind of hungry for this. They enjoy the time to unplug."

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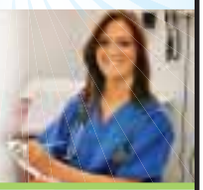

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# Programming for Non-Programmers

### Touro College Graduate School of Technology Institute To Offer App-Programming Workshop

Creating an original computer program, what we now call an "app," was once a skill set reserved for professional computer programmers with years of software training. Today, the ability to design informative, useful, colorful, and fun-to-use apps–from smartphone games to cooking recipes–is well within reach of just about anyone with the desire to learn.

Now, Touro College Graduate School of Technology (GST) Institute will offer that learning opportunity through a unique workshop, "Programming for Non-Programmers," that will teach app-designing skills to students with no prior programming experience.

Using the popular block programming environment, "Scratch," this two-and-a-half-hour interactive workshop will provide valuable lessons in basic programming concepts such as variables, commands, conditions, loops, code blocks, functions, and events, through the step-by-step design of an interactive game. After completing this workshop students will have the tools to apply programming principals and foundations to any app programming language in the future.

The seminar will be taught by Touro GST faculty Professor Irina Berman, a seasoned professional, 19-year veteran of Touro, and an expert in instructional design, web and multimedia design and instructional technology.

"The goal of this workshop is to understand the basics of programming," said Prof. Berman. "Understanding the basics of how programming works can enable anyone to apply these concepts to learn many different programming languages."

"Programming for Non-Programmers," will be held Tuesday, May 24 from 6 p.m. until 8:30 p.m. at the Touro College campus at 27 West 23rd Street, Room 322, New York, N.Y. Refreshments will be served. The registration fee is $20. RSVP by May 17 at ***bit.ly/gst-programming***. For more information call 877.669.7227 or email info.gst@touro.edu.

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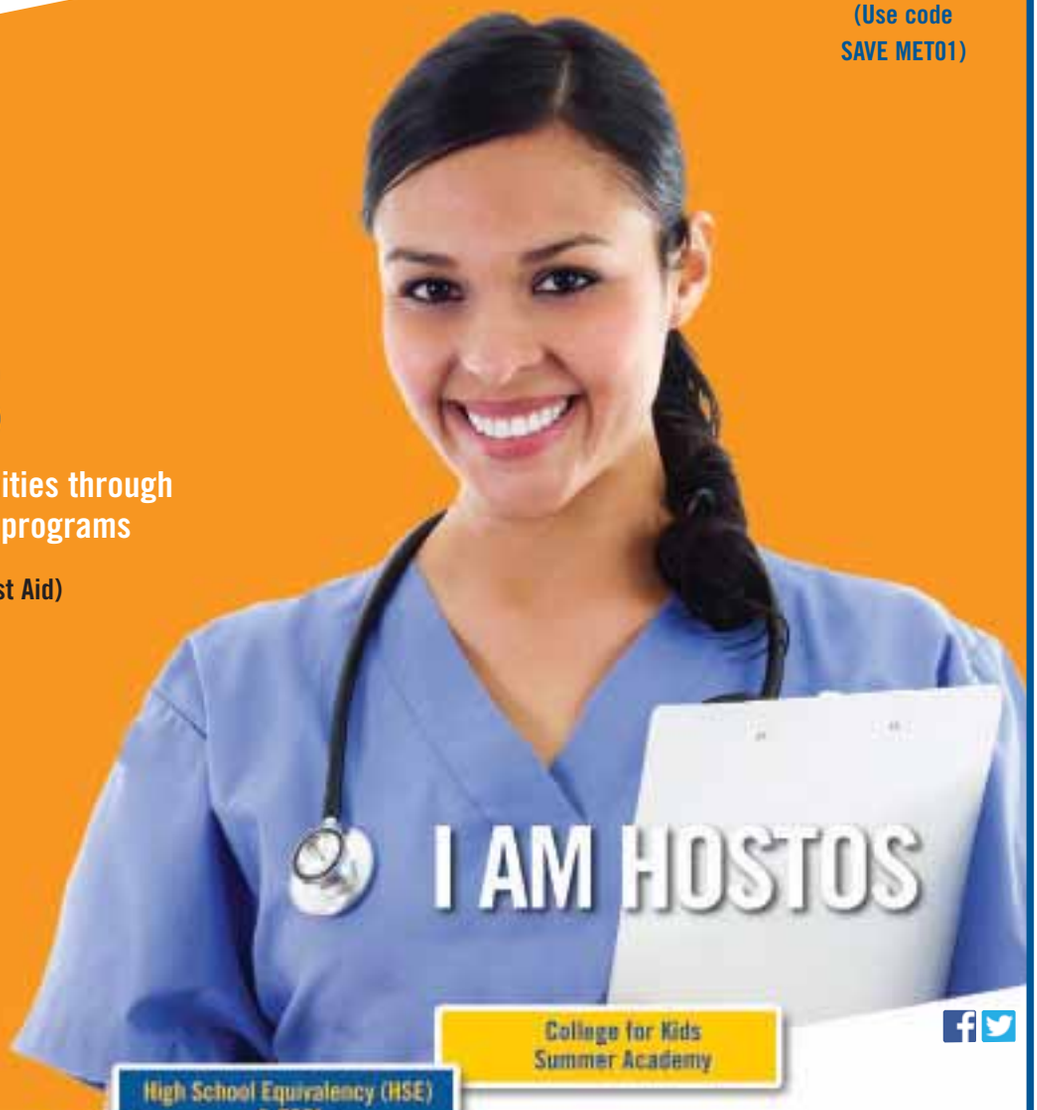


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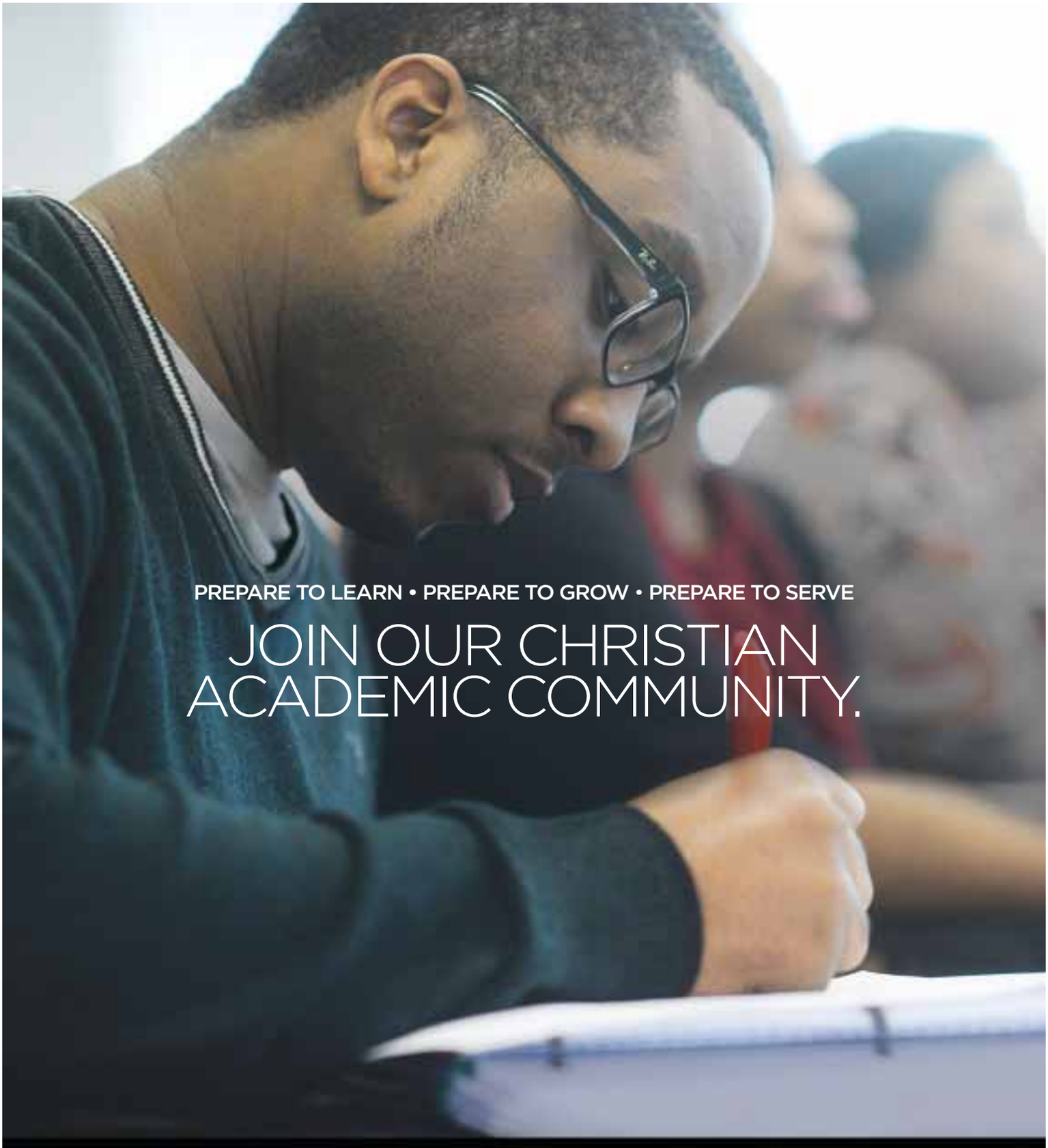
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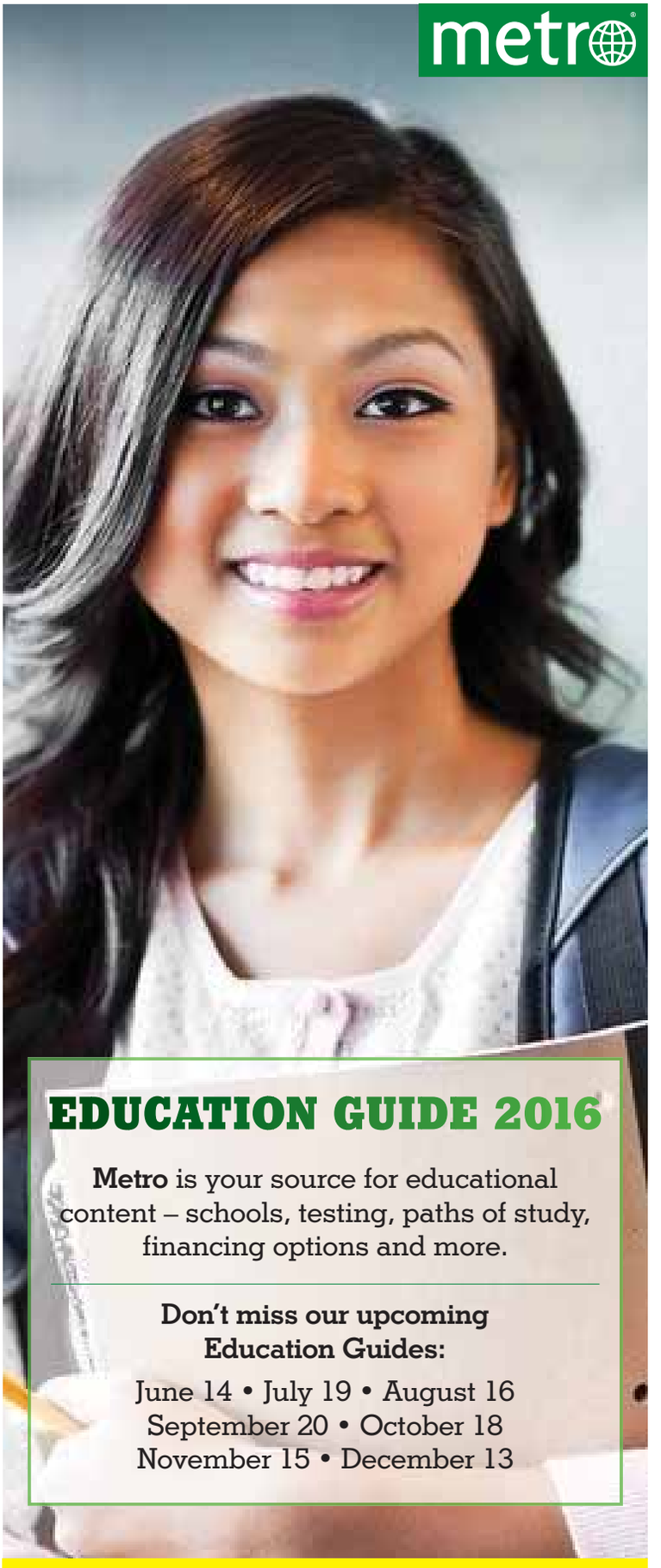

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## Emilia Clarke is proud of her naked fire-walk

ALL PHOTOS GETTY IMAGES

"Game of Thrones" star Emilia Clarke had one of the more attention-grabbing scenes in the show's new season Sunday night when she emerged from a burning Dothraki temple completely untouched by the flames, with her clothes burned off. It was a triumphant moment for the character, and Clarke wants everyone to know that it was all her. "I'd like to remind people the last time I took my clothes off was Season 3," Clarke told Entertainment Weekly. "That was a while ago. It's now Season 6. But this is all me, all proud, all strong. I'm just feeling genuinely happy I said 'Yes.' That ain't no body double." And at least this time, unlike her fire walk from the end of Season 1, she got to do it on a closed set indoors. So there's that. "Taking off my clothes is not the easiest thing, but with the magic of the effects, I don't have to do a Season 1 and go on a cliff and do it," she said. "I'm in control of it."

## Beyonce facing sweatshop controversy

Come on, Ivy Park workers, now let's get in formation. Or that's what I assume they say at the Sri Lankan factory where Beyonce's chic new activewear line is reportedly put together by underpaid workers pulling 60-plus hour weeks, according to the Sun. The newspaper reports that seamstresses at the MAS Holdings factory — which also assembles clothing for Top Shop — make just $6 a day for their efforts. "When they talk about women and empowerment, this is just for the foreigners," one worker says. "They want the foreigners to think everything is OK." That's cold, Bey.

## Shocker: Angelina Jolie no fan of Donald Trump

Angelina Jolie was in London on Monday to talk about migration and refugee issues, so naturally the subject of Donald Trump came up. When Jolie was first asked about the Donald, she "closed her eyes and shook her head in disapproval," according to CNN, which is really all she needed to say. But when pressed on the presumptive GOP nominee and his stance on temporarily banning Muslims from entering the U.S., she felt compelled to elaborate. "To me, America is built on people from around the world coming together for freedoms, especially the freedom of religion," she said. "So it's hard to hear this coming from someone who is pressing to be an American president." Jolie has yet to endorse a presidential candidate, but at least we know who she's not endorsing.

## Sharon sends Ozzy to sex rehab

Sure, Sharon and Ozzy Osbourne played nice for the cameras in their first public appearance since his cheating scandal made news last week, but that doesn't mean all is well and good in the house that Black Sabbath built. In fact, Sharon is reportedly demanding that Ozzy check himself into the same fancy sex addiction rehab facility that Tiger Woods patronized. "It's true Sharon has spoken to a divorce lawyer, and she is still mad as hell," a source tells the Sunday Express. "But she believes they can eventually recover from this if he is prepared to get proper help." And I guess the proper help is at the Pine Grove facility in Hattiesburg, Mississippi. Man, Mississippi this time of year? Definitely sounds like a punishment.

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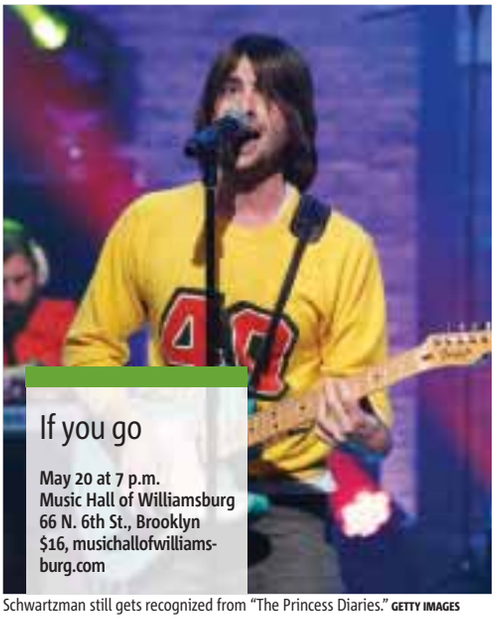
# ‘Washed Out,’ not washed up



### If you go

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Schwartzman still gets recognized from “The Princess Diaries.” GETTY IMAGES

Rooney’s infectious sunny Cali-pop rock was perfect timed with the age of pop culture’s West Coast obsession in the early 2000s. Frontman Robert Schwartzman — who comes from the illustrious Coppola bloodline, along with brother Jason — decided to put the band on hiatus following the 2010 release of “Eureka,” after a string of hits, including “I’m Shakin’” and “When Did Your Heart Go Missing?”

“I wasn’t feeling inspired or excited. I knew I needed to take a break,” Schwartzman says. “[For “Washed Away”], I started getting super-fired-up again about the idea of touring and putting the new album out. Rooney is about songs and lyrics and music, not about that other stuff.”

By “other stuff” he means a meticulously calculated returned. Schwartzman took a break from Rooney to pursue other interests like “Dreamland.” Despite Coppola legacy (he scored cousin Gia’s “Palo Alto” in 2013), Schwartzman has always been adamant in identifying himself as a musician first, but he says swapping industries has allowed him to see music from a new point of view.

“[“Dreamland”] is my first time directing something and it’s a new world,” he says, “I find it really interesting because there’s an innocence when you start something without knowing it really well. At the end of the day, there are parallels in film and music.”

Now a full-length Rooney return, “Washed Away,” released earlier this month, and a subsequent tour are underway, kicking off just as Schwartzman finished promoting “Dreamland” at the Tribeca Film Festival. The indie dramedy also caused the singer-songwriter to look at the layers of his album with the same meticulous detail a film requires.

“Music is layers of arrangements, but a movie is incredible because you’re mixing the sound effects, like birds tweeting and crickets chirping, when the dialogue should get louder or softer,” Schwartzman explains. “Then there’s the way it looks. Do you boost the yellows? Or the red? Is it too dark or underexposed? There are all of these wonderful things that are so layered [in a movie]. It’s an album times so many, because you have to be aware of many many things. It made me go back to my album and say, ‘How do we dial it in and make sure everything is where we want it to be?’”

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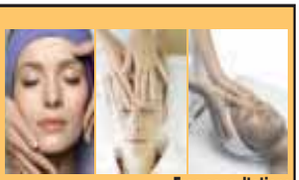

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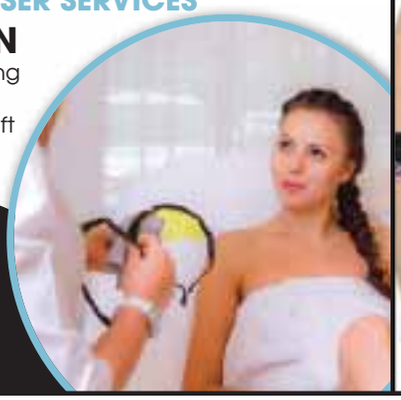

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# Colin Farrell wants you to think

The actor gets deep with his new, crazy dark comedy (of sorts) "The Lobster."

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In "The Lobster," now in theaters, Colin Farrell and Rachel Weisz play two singles living in a world that punishes people not in relationships. A24

GETTY IMAGES

Colin Farrell didn't think "The Lobster" was weird. Sure, it concerns an alternate world in which single people are given 45 days to find a partner, and if they fail they're turned into an animal (of their choice, charitably). But the actor had seen "Dogtooth."

That film, "Lobster" director Yorgos Lanthimos' breakthrough, concerned three young adults raised on an isolated estate to believe elaborate and ridiculous lies about the outside world. Farrell and his fellow well-known actors (Rachel Weisz, John C. Reilly, Ben Whishaw, et al.) knew what they were getting into.

"You don't come across writing that's that specific, that imbued with whatever meaning you wish to interpret," Farrell says of the film not being afraid to be difficult and strange and noncommercial. "I felt like it was us gladly stepping into his world rather than him extending himself into a world that promised international spoils."

"The Lobster" may seem to be a bromide against how we're conditioned to pair off. But it's less about having a simple go at relationships and more about forcing us to question notions like humanity's willingness to surrender freedoms and the dark side of communities.

"I know as a dad, you want your child to feel special — but not so special that they're not part of a group. You don't want your child to be alone," Farrell explains. "You want them to find a collective of people they can belong to. But to what expense to the individual does belonging to a group compromise a person's own truths? There's a lot of stuff in the script and in the film about the choices we will subjugate in the name of staving off our own loneliness.

"The system we live within and the rule of law we will completely become 100 percent complicit [in] can lead to our downfall — just for fear of rocking the boat, for fear of being outside the 'human experience,'" Farrell adds.

Asking these questions — rather than offering easy, soothing answers — was all part of Lanthimos' plan. Farrell likes that it doesn't say one thing.

"If there is such a thing as a piece of art being complete, once it's presented to the outside world, it ceases to belong to the artist anymore. It belongs to the people," Farrell says. The actor thinks Lanthimos' films are even more open than that.

"In his films nothing is presented as good or bad or better or worse," Farrell says. "He seems to have created a cinema that lacks any sense of moralism. Which I love. It asks the audience to find their own very unique perspective.

"After shooting it I thought, of all the films I've done this is the one I'd love a bunch of film students to watch, and I'd sit on the side and listen to them," Farrell adds. "I don't think there's any one message."

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# Foyle dishes on Ewing and all things NBA

Former NBA center and Golden State Warriors employee Adonal Foyle talks with Metro.

TONY WILLIAMS
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Will former Knicks star Patrick Ewing ever get a head coaching gig? GETTY IMAGES

Former NBA center Adonal Foyle has an opinion on many topics, and not just about basketball.

Sure, he was one of the NBA's best defensive centers during his 13-year career. But as a staunch community activist, a current community ambassador for the defending champion Golden State Warriors, an author, poet, and a former executive for the NBA's Player Association, Foyle has said, seen and done many things over the course of his post-NBA life.

**What were you doing in NYC?**
I received an award for children's service and gave speeches about the importance of helping today's athlete with off-court development, as well as readings at local schools of children's books that I've written.

**What's your role with the Warriors?**
I'm a community ambassador and I work a lot of different programs. We seek foundations doing great work and bring them to the forefront and amplify their work so they can quadruple their effects. We give them necessary resources to make them successful. What I do is more of a local level than what Dikembe Mutombo does. But he's amazing. He's an extraordinary human being. What we do has been great, especially with the amount of television exposure the Warriors have gotten the last couple of seasons. We get to have a larger voice, and kids love the Warriors, so they're definitely more apt to listen to our message. Winning is a new thing and now everyone wants [to be associated with] the Warriors. It's different from when I played here and we won 17 games. But now we're great and everyone wants to be a part of it, and listen to our messages.

**Regarding to people listening to messages, would you ever want to get into head coaching?**
I've coached the young kids and that's enough fun for me. Coaching may or may not happen. But what I really want to do is write. I want to write about the plight of athletes. I want more time to do more things that coaching just wouldn't allow. I wouldn't rule anything out, but it's really hard work. Besides, I already work with 14 kids [on Golden State's roster].

**I already probably know, but what is your Finals prediction?**
My prediction, besides the fact that the Warriors are going to win it again? But think about what they've done and how tough the road is, and who've they had to go through. When you think about a team having the most amazing year, and won so much at home, but you're only second in the West — that's San Antonio. That's how good the Warriors have been. It takes so much to have to prove yourself every night. And that goes for guys like LeBron, who's been playing great.

**How about what Patrick Ewing is going through, as he continues to be passed over for head coaching positions?**
Patrick needs to have a coaching opportunity. He's paid his dues. This is what he wants to do and I think he'll be great at it. His knowledge of the game is superior. I really hope it happens. Not only because he's been a dear friend of mine, but because he has a lot to offer. I've known Patrick for a very long time. Not only playing against him all those times — man, what an extraordinary jump shot! — but also as a fan. I grew up a Knicks fan and grew up in the New York area. He'd be great at it. And besides, us island folks have to stick together.

## MLB power rankings | by Ryan Hannable

**No. 1**
**Cubs (27-9)**
The Cubs haven't let up as they have won seven of 10. Chicago owns a plus-109 run differential which is easily the best in baseball.

**No. 2**
**Red Sox (24-14)**
It was a huge week for the Red Sox' offense as they have won seven of 10. In three games against Oakland last week, Boston scored 41 runs.

**No. 3**
**White Sox (24-14)**
The White Sox have lost two straight and are just 5-5 in their last 10. Despite this, they lead the AL Central by five games and have a plus-38 run differential.

**No. 4**
**Nationals (23-15)**
Washington had a bit of a tough week, losing six of 10, but the rest of the NL East struggled too. Daniel Murphy is hitting .400, the best average in baseball.

**No. 5**
**Orioles (23-13)**
Baltimore has been led by its offense this season, especially when it comes to home runs. Manny Machado and Mark Trumbo have each hit 11.

**No. 6**
**Rangers (22-16)**
It may be a bit of a surprise, but the Rangers have sustained their solid play to lead the AL West. They have won seven of 10 and are now one of the hottest teams in MLB.

**No. 10**
**Mets (21-16)**
The Mets struggled on their West Coast trip. Yoenis Cespedes is still swinging a hot bat though, as he's hit 12 home runs with 32 RBIs this season.

**No. 22**
**Yankees (16-20)**
The return of Aroldis Chapman seemed to energize the Yanks and gives their bullpen a boost, but they need leads in these games.


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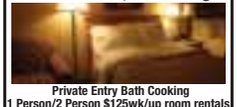

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|---|---|
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| Sexual | Family |
| House | Love |
| Husband & Wife | Enemy |
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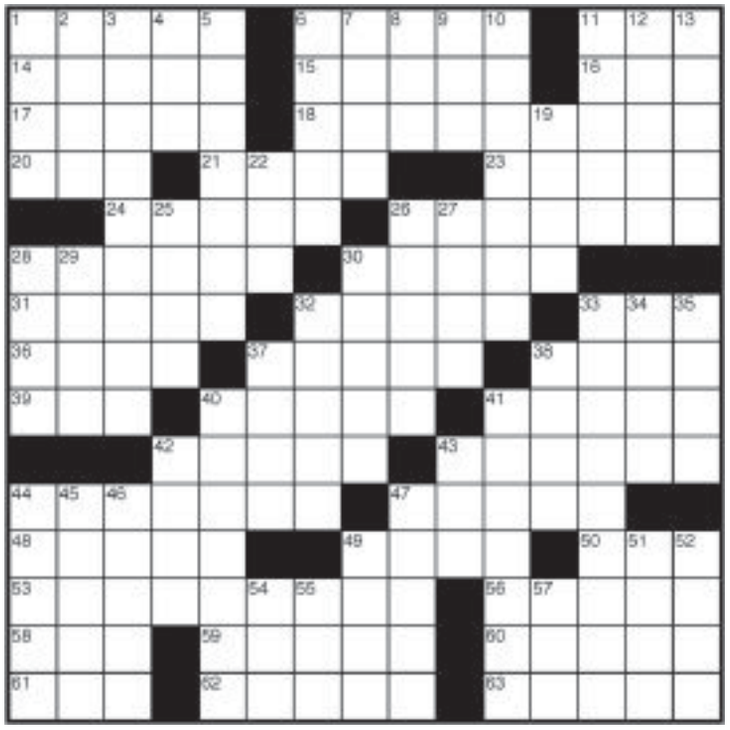

**Across**

1 Obi-Wan's foe
6 Gauges
11 Dupe
14 Slip past
15 Not qualified
16 Half a dangerous fly
17 Mead's island
18 Purr-fect companions (2 wds.)
20 Cabbie's income
21 Eat "lite"
23 On the level
24 Gemini symbol
26 Porch furniture
28 Went along with
30 Issue from
31 Gave a broad hint
32 Hard rain?
33 Marshy area
36 Gosh darn!
37 Tied
38 Paddy crop
39 Cartoon shriek
40 Breakfast strip
41 — incognita
42 Warm jacket
43 Traffic mishap
44 Tacks on
47 I thought — never leave!
48 Kind of buffet
49 Postpone action
50 Lab denizen
53 Mexican sandals
56 Acid in proteins
58 Inventor — Whitney
59 Be my —!
60 Gen. Powell
61 — Francisco
62 Returnable bottle
63 Green shade

**Down**

1 Unisex garment
2 Jai —
3 Gravel supplier (2 wds.)
4 Shoguns' capital
5 Got set
6 Fists, slangily
7 No future — —
8 Rear, to Popeye
9 Found a perch
10 Salon employee
11 Phase
12 Buzzing about
13 Gnats and fleas
19 Yield
22 Wabash loc.
25 Half a fortnight
26 In leaf
27 More than misled
28 Joint problem
29 Tickled-pink feeling
30 Bauxite giant
32 Grocery containers
33 Dorm rouser (2 wds.)
34 Neutral shade
35 Lowest high tide
37 Shortening
38 Be certain of
40 First-aid item
41 Man's accessory (2 wds.)
42 Late summer fruit
43 Letter before chi
44 Hearth debris
45 Zahn or Abdul
46 Flat expanse
47 Mouth-watering
49 Left, on a map
51 Indigo dye
52 Upscale
54 Magna — laude
55 Not square
57 Larry and Curly's partner

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# metro.us/sudoku

**easy**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 6 | | | 8 | | | 1 |
| | | | 6 | 3 | | | 9 | |
| | | 7 | | | 5 | | 2 | |
| | | 1 | 8 | 6 | | | 5 | |
| | | 9 | 2 | | 3 | 7 | | |
| | 6 | | | 9 | 7 | 8 | | |
| | 9 | | 3 | | | 2 | | |
| | 8 | | | 2 | 6 | | | |
| 3 | | | 7 | | | 4 | | |

**hard**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 5 | | 7 | 3 | | | 8 |
| | | | | 2 | | | 6 | 9 |
| 2 | 8 | | | | | 7 | | |
| | 1 | | 5 | | 9 | | | |
| 4 | | | 2 | | 8 | | | 3 |
| | | | 7 | | 4 | | 2 | |
| | | 3 | | | | | 8 | 5 |
| 9 | 2 | | | 5 | | | | |
| 5 | | | 3 | 8 | | 1 | | |

# metro.us/horoscopes

**Aries** A change in your financial situation looks promising. Don't let anyone speak or negotiate on your behalf. You will represent what you have to offer better than anyone.

**Taurus** Avoid arguments if you want to accomplish your goals. Staying focused and being open to new things will result in firm progress.

**Gemini** Look closely at a proposal that offers the impossible. You are better off doing your own thing and taking responsibility for the outcome.

**Cancer** If you offer to help someone from your past, you will establish a better, more promising relationship. Make adjustments to your timetable that give you greater freedom.

**Leo** Don't waste time criticizing others or complaining about the way they do things. Step up your game and take charge to ensure that you get the results you want.

**Virgo** Open up about the way you feel and how you want to see projects and situations develop. Taking care of children, loved ones or your personal needs should be your aim.

**Libra** Don't be afraid to share your emotions. The only way to resolve a festering situation is to communicate honestly. Find out where you stand, and act accordingly.

**Scorpio** A personal relationship will develop into something special. Make plans to share interesting experiences. Discuss alternate living arrangements or an unorthodox path.

**Sagittarius** Keep your communications honest and factual. If you choose to embellish instead of sticking to facts, you'll end up paying for your indiscretions.

**Capricorn** Consider how you currently live and how you want to live in the future. Cut corners, downsize or look for investments that will allow you more freedom. Do things differently.

**Aquarius** You are best off disregarding criticism or complaints. Strive to make personal changes and work to get ahead professionally. Invest in your health, skills and personal assets.

**Pisces** You may need to step outside your comfort zone if it will help find a solution to a problem. Don't be afraid to speak up and offer your services for a price. **EUGENIA LAST**

## Yesterday's answers

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